

CLINIC LOGO

Patient Label Here

DRUG USE QUESTIONS (DAST-10)

Using drugs can affect your health and some medications you may take. Please help us provide you with the best medical care by answering the questions below.

Drugs include marijuana, solvents like paint thinners, tranquilizers like Valium, barbiturates, cocaine, stimulants like speed, hallucinogens such as LSD, or narcotics like heroin. Drug use also includes using prescription or over-the-counter medications more than directed.

In the past 12 months...	1	0
1. Have you used drugs other than those required for medical reasons?	<input type="radio"/> Yes	<input type="radio"/> No
2. Do you abuse more than one drug at a time?	<input type="radio"/> Yes	<input type="radio"/> No
3. Are you unable to stop using drugs when you want to?	<input type="radio"/> Yes	<input type="radio"/> No
4. Have you ever had blackouts or flashbacks as a result of drug use?	<input type="radio"/> Yes	<input type="radio"/> No
5. Do you ever feel bad or guilty about your drug use?	<input type="radio"/> Yes	<input type="radio"/> No
6. Does your spouse (or parents) ever complain about your involvement with drugs?	<input type="radio"/> Yes	<input type="radio"/> No
7. Have you neglected your family because of your use of drugs?	<input type="radio"/> Yes	<input type="radio"/> No
8. Have you engaged in illegal activities in order to obtain drugs?	<input type="radio"/> Yes	<input type="radio"/> No
9. Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking drugs?	<input type="radio"/> Yes	<input type="radio"/> No
10. Have you had medical problems as a result of your drug use (such as: memory loss, hepatitis, convulsions, or bleeding)?	<input type="radio"/> Yes	<input type="radio"/> No
TOTAL		

Date _____

SCORING:

Each response from the DAST has a score of either 0 or 1. All “Yes” responses get a score of 1, all “No” responses get a score of 0. After a patient has completed the DAST, add up the number of “Yes” responses for the patient’s score. Below are the scoring guidelines for the DAST.

Scoring Guidelines

Guidelines for Interpretation for DAST-10

Score	Degree of Problems Related to Drug Abuse	Suggested Action
0	No problems reported	Encouragement and education
1-2	Low level	Brief intervention
3-5	Moderate level	Brief intervention plus brief therapy
6-10	Substantial level	Brief intervention plus referral to chemical dependency treatment

Skinner HA. The Drug Abuse Screening Test. *Addictive Behavior*. 1982, 7(4): 363-371.

Yudko E, Lozhkina O, Fouts A. A comprehensive review of the psychometric properties of the Drug Abuse Screening Test. *J Subst Abuse Treatment*. 2007, 32:189-198.