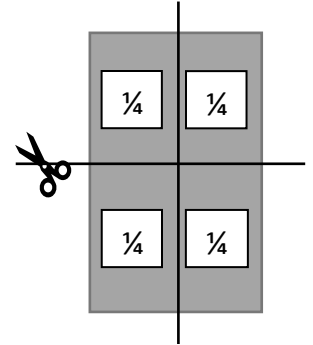


Start Taking Buprenorphine (Suboxone) Without Going into Withdrawal

Instructions: Continue to take your opioid until day 5. Follow guidelines below. Each day, more buprenorphine is slowly introduced to your body and less heroin is used.

- You will be able to stop your opioid use after 5 days when you have enough of the buprenorphine (Suboxone) in your system to feel well.
- Take buprenorphine (Suboxone) film or tablet under the tongue (behind the teeth)
- Medication comes in buprenorphine/naloxone 2mg/0.5mg strips or tablets
- Let film/tablet sit under tongue until completely dissolved. Do not swallow medication
- Follow-up with clinic in one week: RN phone # if you have any questions or concerns:
 - (253) 649-1638 (Bekah RN)
 - (253) 649-1637 (Hannah RN)



1 film = 2 mg Bupe

1/4 film = 0.5 Bupe

| Day | Continue Opioids? | Buprenorphine Dose (Medication comes in 2 mg/0.5 mg films/tabs) | Total Daily Dose (fraction of films to take each day) |
|-----|-----------------------------|--|--|
| 1 | YES | 1/4 Film + 1/4 Film | 1 mg = 1/2 film |
| 2 | YES | 1/2 Film + 1/2 Film | 2 mg = 1 film |
| 3 | YES | 1/2 Film + 1/2 Film + 1/2 Film | 3 mg = 1 1/2 film |
| 4 | YES | 1 Film + 1 Film | 4 mg = 2 films |
| 5 | NO!! Stop using them | 1 Film + 1 Film + 1 Film | 6 mg = 3 films |
| 6 | NO | 1 Film + 1 Film + 1 Film + 1 Film + 1 Film + 1 Film | 8 mg-12 mg = 4 films or 6 films |
| 7 | NO | 1 Film + 1 Film + 1 Film + 1 Film + 1 Film + 1 Film | 8 mg-12 mg = 4 films or 6 films |
| 8 | NO | 1 Film + 1 Film + 1 Film + 1 Film + 1 Film + 1 Film | 8 mg-12 mg = 4 films or 6 films |