

**Patient Mania Questionnaire-9 (PMQ-9)**

Over the past week, how often have you ...	Not at all	Several Days	More Than Half of Days	Nearly Every Day
1. Had little or no sleep, and still felt energized	0	1	2	3
2. Felt easily irritated	0	1	2	3
3. Felt overactive	0	1	2	3
4. Acted impulsively or done things without thinking about consequences	0	1	2	3
5. Felt sped up or restless	0	1	2	3
6. Been easily distracted	0	1	2	3
7. Felt pressure to keep talking or been told by someone you are more talkative	0	1	2	3
8. Felt argumentative	0	1	2	3
9. Had racing thoughts	0	1	2	3

Score =     \_\_\_   +     \_\_\_   +     \_\_\_   +     \_\_\_

Cerimele, J. M., Russo, J., Bauer, A. M., Hawrilenko, M., Pyne, J. M., Dalack, G. W., Kroenke, K., Unützer, J., & Fortney, J. C. (2021). The Patient Mania Questionnaire (PMQ-9): a Brief Scale for Assessing and Monitoring Manic Symptoms. *Journal of general internal medicine*, 10.1007/s11606-021-06947-7. Advance online publication. <https://doi.org/10.1007/s11606-021-06947-7>

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## Scoring

- Item scores are added so that the total score ranges from 0 to 27 with higher scores representing greater severity.
- In the original study evaluating psychometric properties (Cerimele, et al., 2021), **preliminary** remission and subthreshold criteria scores of less than 5 and 10, respectively, were used.
- In the same study, a preliminary point estimate of the Minimally Important Difference was estimated at 3 points, with a range of 2 to 4.
- Methods and Results of additional psychometric evaluations are described in the full report.

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